



The Fountaine Inn

Food menu

NIBBLES £7 EACH OR 3 FOR £18

Whitebait, lemon mayo . 558 kcal

BBQ glazed chicken wings (GF) 657 kcal

Calamari, aioli . 538kcal

Sourdough bread, flavored butters £3.95 404.2kcal

Mixed olives & feta cheese £3.95 (GF) 166kcal

Parma ham, rocket, parmesan,
olive oil salad (GF) 252 kcal

STARTERS

Soup of the day, sourdough bread, £5 (GFO)
361kcal

Crispy lamb kiev, crushed lemon peas,
aioli £8 1542kcal

Creamy garlic mushrooms on sourdough
toast, poached egg £7 (GFO) 455.8kcal

Caramelized red onion tart, garden salad
garnish £7 922kcal

Baked queenie scallops, garlic butter,
parsley crumb £9.95 (GFO) 107kcal

Hot smoked salmon fishcake, dill pickled
cucumber, beetroot, watercress £8.95 543kcal

MAIN COURSES

Steak and ale pie, mash potato, savoy
cabbage, gravy £14.95 569.8kcal

Pan seared salmon, crushed chive potatoes,
kale, prawn beurre blanc £16.95 (GF) 891kcal

Confit Duck leg & traditional French
cassoulet £16.95 1714.9kcal

Fish, chips & mushy peas £13.95 654kcal

Belly pork, black pudding mash, savoy cabbage,
honey roasted parsnips, pork sauce £16 (GFO) 1492kcal

Truffled mac & cheese, green salad, garlic bread
£13.95 1256kcal

10oz ribeye steak, chunky chips, mushroom, vine
tomatoes, onion rings, choice of peppercorn or
blue cheese sauce £24 (GFO) 1545 kcal

Cheese and onion pie, mash potato, savoy
cabbage, gravy £14.95 1033kcal

Chunky chips £3.95 245kcal

Mash potato £3.95 180kcal

Kale £3.95 38kcal

Cauliflower cheese £3.95
175kcal

SIDE DISHES

Garden salad £3.95 37 kcal

Roasted parsnips £3.95 75kcal

Onion rings £3.95 355kcal

Smashed carrot and

swede £3.95 70kcal

The Fountaine Inn

Food Menu

SANDWICHES

Chicken and bacon mayonnaise, salad, skinny fries £8.50 (GFO) 1280 kcal

Prawn marie rose, salad, skinny fries £8.50 (GFO) 1092kcal

Mature cheddar and Branston pickle, salad, skinny fries £8.50 (GFO) 1542kcal

PUDDINGS

Raspberry Bakewell tart, apple compote, vanilla ice cream £6.95 1081.9kcal

Sticky toffee pudding, butterscotch sauce, vanilla ice cream £6.95 510kcal

Lemon posset, homemade shortbread biscuit, winter berries £6.95 (GFO) 1038kcal

Steamed sponge pudding with wild flower honey drizzle and custard £6.95 553.7kcal

Cheese and biscuits, **Red Leicester, Harrogate blue and Brie** £6.95 (GFO) 963kcal

GF – GLUTEN FREE GFO – GLUTEN FREE OPTION

FOOD ALLERGIES AND INTOLERANCES. Before ordering drinks or food, please speak with a member of our staff about your requirements. Whilst we take care to preserve the integrity of our vegetarian (v) products, we must advise that these products are handled in a multi-ingredient kitchen environment. Some fish may contain small bones. All dishes are prepared in areas where allergens are present. Therefore, there is a risk that ingredients used in your meal may have accidentally come into contact with an undeclared allergen, leading to cross contamination. Cooking equipment (e.g. fryers, grills etc.) and food preparation areas may be shared and fried items containing different allergens may be cooked in the same frying oil. Please ask a team member if you would like further information. Company reg:0017067